

# **Cost of Living Bulletin**

### December 21st 2022



Wishing you a wonderful Christmas and blessed 2023. Thank you for all you do in order to support the folk of Swindon and beyond!!

If you have anything to contribute or need to get in touch, please do contact me at <a href="mtidey@swindon.gov.uk">mtidey@swindon.gov.uk</a>

## Do you have a spare coat at home?

Firstly, a request from Live Well Swindon.

Our teams are looking for clean and warm jackets, mainly for men, which will be donated to refugees and asylum seekers – any extra will be going to those struggling with the rising cost of living.

You can donate them until 3pm on Friday (23 Dec), at Sanford House (SN1 1HE) during their usual opening times.

### **Christmas Eve Food Surplus Food Distribution in Penhill**

Street Reps in Penhill and Swindon Night Shelter will be doing a late Foodshare on Christmas Eve at 8pm at Chippenham Close Community Centre.

Unsold stock is collected from stores on Christmas Eve after the store closes; we will then run a small, free community shop.

# **Alone at Christmas**

Do you know of anyone who will be on their own on Christmas Day? The Community Centre@Christ Church will be open between 12noon-3.30pm to provide a 3 course Christmas meal with all the trimmings.



Can you help to refer anybody who would benefit from this?
Can you volunteer any time in advance to help with the running of the event.
We need taxi drivers, table/ kitchen helpers and people to clean up afterwards.
If you can help with any of the above please contact Chris Smith or Jenny Hatter on 01793 617237 or email: <a href="mailto:chris@christchurchswindon.co.uk">chris@christchurchswindon.co.uk</a> or <a href="mailto:co.uk">ccoperations@christchurchswindon.co.uk</a>

## **Feeding Swindon Partnership Directory**

Thanks to all of those who have sent in their details already; it is most useful. More and more organisations are coming forward looking for sources of information and contacts, so the Directory will be a really useful tool.

For those who have not done so yet, please see below...

In order to be able to further develop the Partnership and make people aware of what is available across the town to help people.

This Directory will be primarily for Partners and professionals including Warm and Welcome Space hosts. It will not be for general public use (although it will contain contact details that can be passed on to the public).

If you would like to be included in the Directory, please could you complete the following online form at

https://www.smartsurvey.co.uk/s/FSPDirectory/

If you have any questions please do contact me.

### **Local Online Resources and Information**

Swindon Borough Council's Cost of Living website now contains 19 Things to Check.



## **SBC's Cost of Living Website**

https://www.swindon.gov.uk/costofliving

## **Cost of Living Information Padlet**

https://padlet.com/SBCFood/food

# **Warm and Welcome Spaces**

The online directory has gone live and is being regularly updated.

https://www.swindon.gov.uk/warmandwelcome

## **Updates from the Feeding Britain Network**

Please see the latest updates below from Feeding Britain. If you would like to contact Rose at Feeding Britain, her email is rose.bray@feedingbritain.org



#### Webinars in the New Year:

- 19th January, 3.30-5pm The role of effective regional and local networks in tackling hunger and food insecurity: In this webinar we will hear from a panel of Feeding Britain's regional and local partners on how they have developed and maintained effective networks, the benefits of this approach in tackling hunger and food insecurity, and key lessons for other areas. There will be time for questions from the audience, or feel free to submit questions in advance. Sign up here: https://forms.gle/yRYQwksEMGBjYJC89
- 9th February, 3.30-5pm What next for affordable food provision? Food Cooperative Models: While continuing to support the creation of new food clubs, pantries, and social supermarkets, Feeding Britain is also launching a new webinar series to explore different approaches to the next stage of development for projects of this nature. In the first webinar of this series, we will hear from a panel of Feeding Britain's regional and local partners who are involved in food co-operatives. Typically, these projects are purchasing the majority of their food at wholesale or discounted rates, and then passing on the savings to their members. Sign up here:

https://forms.gle/2PmMoggewYN6ur346

ONS Cost of living insights: Office for National Statistics have published the latest data and trends about the cost of living. This includes that prices of food and non-alcoholic beverages in the UK rose by 16.5% in the year to November 2022. This rate has risen for the last 16 consecutive months, from negative 0.6% in July 2021.

https://www.ons.gov.uk/economy/inflationandpriceindices/articles/costofliving /latestinsights

FareShare Community Hub: FareShare have partnered with Do IT to create a volunteering platform. You can join the platform for free and create volunteer opportunities for any role in your organisation. Find out more here: https://fareshare.org.uk/fareshare-community-volunteering-hub/

# Free online 1 hour Training Seminars

(live, trainer-led training sessions)

STOPLOANSHORKS
Intervention . Support . Education

I have added some more sessions for January / February / March 2023

A new report estimates that as many as 1.08 million people in England could be in debt to an illegal money lender. With the rise in the cost of living we are very concerned this figure could become even higher.

If you have not yet attended a session please book yourself a place on one of the seminars listed below to learn more about how you can help these people.

If you would like to book an online session just for your organisation please don't hesitate to get in touch.

Free online 1 hour Training Seminars

<u>Select your Session (places are limited)</u> to book a place please follow the link to Eventbrite

FRIDAY 13TH JANUARY - 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481502275267

FRIDAY 20<sup>TH</sup> JANUARY – 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481509286237

WEDNESDAY 25<sup>TH</sup> JANUARY – 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481510249117

THURSDAY 26TH JANUARY - 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481510529957

THURSDAY 2<sup>ND</sup> FEBRUARY – 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481514170847

### TUESDAY 7<sup>TH</sup> FEBRUARY – 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481514642257

# THURSDAY 9<sup>TH</sup> FEBRUARY – 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481515254087

### **MONDAY 13<sup>TH</sup> FEBRUARY – 10AM**

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481515504837

## THURSDAY 16<sup>TH</sup> FEBRUARY – 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481516096607

### TUESDAY 7TH MARCH – 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481516367417

## THURSDAY 9TH MARCH – 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481517450657

### **MONDAY 13<sup>TH</sup> MARCH – 10AM**

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481517701407

## THURSDAY 16TH MARCH – 10AM

https://www.eventbrite.co.uk/e/stop-loan-sharks-project-free-online-1-hour-training-seminar-tickets-481517962187

# Link to training will be sent to you before YOUR SESSION!

I look forward to meeting you on one of my sessions .

# Wendy Loades -Liaise Officer (South West)

**England Illegal Money Lending Team** 

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